



STAND-ALONE LABS

Stress Effect Lab Trio- \$999

Whats Included:

- Stress and Hormone Panel (saliva)
- Metabolic Wellness Panel (urine)
- Mucosal Barrier Assessment (dry blood spot)
- Video review of your results
- Diet and Lifestyle Recommendations
- Personalized Supplement protocol
- 1 chat check in

Find out your stress resilience! Learn how stress is affecting your hormones, cortisol levels, liver function, gut integrity, and overall cellular terrain!

Hair Tissue Mineral Analysis- \$399

Whats Included:

- Video review of your HTMA results
- Diet and Lifestyle Recommendations
- 4 month Custom Supplement recommendation based on your results ranging at an additional **\$200-\$300**
- 1 chat check in

In order to heal and function optimally your cells need to have energy and strength! Learn what mineral nutrients your cells need, the diet that supports this, and what heavy metals toxicities are derailing your health behind the scenes!

GI-Map Testing- \$399

What included:

- Video review of your results
- Lifestyle and Diet Recommendations
- Supplement Protocol based on results
- 1 chat check-in
- Lab fee not included **\$389**

The Gi-Map helps us to see not only the terrain of your gut but also the microorganisms living on it! We want to make sure the good organisms are happy and get rid of the bad guys that are wreaking havoc!

Optimize your cell energy and resilience! This will prime your cells for healing and recovery! Reduce inflammation, loose weight, lower cholesterol, and much more!

Food Sensitivity Testing \$550

What included:

- Downloadable review of your results
- Diet and Nutrition Recommendations (NY is an additional \$50 for testing)

Test over 170 food particles and antigens that are causing inflammation and internal stress!

Blood Sugar Balancing \$599

What included:

- App to record your daily food and activities
- 4 weeks of daily app monitoring
- 2 Continuous Glucose Monitors
- Diet and Nutrition Recommendations
- Chat access to your practitioner
- Blood Sugar Friendly Recipes

Upgraded Additional Support:

\$149 to receive your Results and Recommendations in a virtual session with your practitioner (great for asking questions or sharing concerns you may have)

\$200 for 21 day Health Program enrollment that gives additional support to your protocol and 21 day messaging support with your practitioner! (not applicable for Food Sensitivity testing or Blood Sugar Balancing)

We accept HSA/FSA! We do not accept Insurance
Price does not include Supplement costs, please be prepared to budget accordingly to fully benefit from the protocol.